

Fall 2020 Junior Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday*	Sunday*
Varsity Men	3:15 - 5:45pm	4 - 6:30pm	8 -10am or Noon -2pm or 4-6pm	3:15 - 5:45pm	3:30 - 6pm	8 - 10:30am	8 - 10:30am
Novice Men	4:30 - 6:30pm	Off	3:30-5:30	4:30 - 6:30	5 - 7pm	10 -12:30pm	10 -12:30pm
Varsity Women	3:30 - 6pm	3:15 - 5:45pm	6 - 8am or 10 - Noon or 2 - 4pm	4 - 6:30pm	3:15 - 5:45pm	8 - 10:30am	8 - 10:30am
Novice Women	5 - 7pm	4:30 -6:30	5 - 7pm	Off	4:30 -6:30	10 -12:30pm	10 -12:30pm

*For Saturday and Sunday, All four squads will alternate between Saturday and Sunday each weekend, but staying in the same time slot. See Weekend Calendar

Varsity Men and Women will practice from 8-10:30am, Novice will practice from 10-12:30 pm

	Saturday	Sunday
Middle School Program 1	Noon -2pm	Noon -2pm
Middle School Program 2	2pm - 4pm	2pm - 4pm